**Hamburger and Rice, or Chicken and Rice Bland Diet**

If you have a pet with an upset stomach, this diet is easily digested and causes minimal stomach upset.

Boil your portion of hamburger, (venison burger is also ok) or chicken (boneless, skinless chicken breast) , in water. Drain the grease off real well, if extra greasy, rinsing may also help.

Cook rice according to package directions.

Mix the meat and rice half and half.

Feed several smaller meals through the day for 3 days, then start mixing back in regular food.

If you have any questions, or your pet is still unable to hold any food or water down, call our office at 989-736-8890.